

DIARY: 1991

JANUARY

1 Tuesday

A Japanese tourist was robbed on a bus in Hong Kong.

2 Wednesday

Back to the gym again.

3 Thursday

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4 Friday

Dinner with Leonie, Gavin and Nadine in three places - home, BFC and Shaw College!

5 Saturday

Big drop in temperature. Hiked Stages 1 to 3 of the MacLehose trail.

6 Sunday

To Kai Tak (army camp next to airport) for a mini Rugby tournament. Gavin's team got one win, one draw and one loss. Overcast and cold.

7 Monday

Wet day. Classes begin for the second term. Temperatures about 15°C.

8 Tuesday

Fine for part of the day.

9 Wednesday

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10 Thursday

In the evening, Gavin sees a fire of a speedboat which hit a rock and exploded in Tolo Harbour.

11 Friday

More rain. In the evening, educational psychology class begins.

12 Saturday

Hike/Run around Plover Cove and Pat Sin Leng to Tai Po; took seven hours. Helped catch boys stealing bicycle parts at Tai Po.

13 Sunday

Still cool with some rain.

14 Monday

Worked at home all day as Nadine was not well. Last teaching of chemistry class in the evening [this class begins in the first term but extends into the second].

15 Tuesday

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16 Wednesday

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17 Thursday

War breaks out in the Persian Gulf.

18 Friday

Psychology department meeting in the morning. Dinner after [?evening] lesson with Leonie, Gavin and Nadine at BFC.

19 Saturday

Fine day. An 8 ½ hour hike: Tai Mei Tuk → Sam A Tsuen → Lai Chi Wo → Bride's pool → Nam Chung → Hok Tau reservoir → Cloudy Hill → Tai Po.

20 – 23 Sunday – Wednesday

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24 Thursday

To the university Computer Department to see a video on authoring languages. Dinner at BFC [? with].

25 Friday

Hong Kong turns 150 years old today!

26 Saturday

Hike along Stages 6 to 10 (i.e. from Tai Po reservoir/Tai Po Rd to end at Tuen Mun) of the MacLehose trail, taking 6 $\frac{3}{4}$ hours.

27 Sunday

Leonie and Nadine make and sell pancakes [?downstairs, by the entrance, I think], earning \$7!

28 - 31 Monday - Thursday

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FEBRUARY

1 Friday

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2 Saturday

Up at 5 am for a long hike - Stages 1 - 5 of the MacLehose trail, finishing in the dark at 7.15 pm. Tiring. Total time: 11 $\frac{1}{4}$ hours.

3 Sunday

Warm, 20°C. Legs sore after yesterday's hike. Sunbathed in the afternoon [on the roof]. YF, Leonie, Gavin and Nadine to town in the afternoon.

4 Monday

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5 Tuesday

HK Rugby 7s tickets went on sale today and were all sold out in 15 minutes.

6 - 7 Wednesday - Thursday

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8 Friday

Gavin to Ewan's place after school.

9 Saturday

Run around Ma On Shan country park and back via Shatin.

10 Sunday

Picked up Gavin from Ewan's then on to Sek Kong but found we should have gone to Happy Valley for a tournament!

11 Monday

Cooler and cloudy.

12 Tuesday

Got a haircut from the CU barber - \$20. The governor [Wilson] has an operation on his cheek, from a fall in the Pat Sin Leng range [?presumably while hiking along the Wilson trail].

13 Wednesday

Ruth and David out to CU in the afternoon. Dinner at Jubilee Sports Centre. A bomb explodes in the Holiday Inn.

14 Thursday

[Start of Chinese New Year holidays] Cloudy and damp with drizzle. To Tai Po in the morning for dim sum. I worked in the afternoon. Had a good evening dinner [?where].

15 Friday

V takes visitors to a 2 am flower market! Lovely fine day. To the office in the morning. Took the visitors to the airport later.

16 Saturday

Cloudy day. Ran Stages 4 - 8 on the MacLehose trail (from kei Ling Ha on road to Sai Kung to Route Twisk) taking 9 ½ hours. A fireworks display over the harbour in the evening. A pleasure boat collides with a ferry and capsizes.

17 Sunday

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18 Monday

Lunch with the full-time chemistry students in Newtown Plaza.

19 Tuesday

Cooler and damp.

20 Wednesday

Cold.

21 Thursday

Everybody's birthday! Full-time students had a lunch time party. All to SCR later for a high tea!

22 Friday

Nice day. Big grass fire on Cloudy Hill in the afternoon.

23 Saturday

Lovely day. Walk up to Tai Po Kau forest and over to Shing Mun and back to Tai Po. V has a healing circle in the evening.

24 Sunday

Nice day. Sunbathed on the roof in the afternoon. Land war in the Gulf commences.

25 Monday

Cooler and overcast. Leonie and I cooked the evening dinner.

26 Tuesday

To bed early for the big run tomorrow.

27 Wednesday

Up early for a 5 am start of my 100-km MacLehose trail run [alone]. Humid and foggy at times. Took 22+ hours. Took food but didn't eat it all. Ran out of water by the 12-hour mark (at Tai Po Road) but managed to get some more from a government management office there.

28 Thursday

In bed at 5 am! Up at noon. To the office in the afternoon. Started to feel tired. Leonie wins a music competition.

MARCH

1 Friday

Work all day and an evening class. A little tired. Warm at 25°C.

2 Saturday

No hike. Light rain and much cooler.

3 Sunday

HK marathon along Tolo highway.

4 Monday

Started gym again.

5 Tuesday

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6 Wednesday

Budget day - with the usual price increases!

7 Thursday

Teaching practice visit at Kowloon New Method College. Bought some computer discs [probably the old 5 inch floppy discs].

8 Friday

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9 Saturday

Hot - 28+⁰C. Went with Gavin to Happy Valley for an ESF mini Rugby tournament. Then took Gavin to Fairview Park in the afternoon for overnight.

10 Sunday

Hot. Picked up Gavin (I was late!) at Fairview Park then on to Sek Kong for a Rugby tournament.

11 Monday

Big MTR breakdown. YF out all day and evening.

12 Tuesday

Cooler. Leonie wins the New Territories music festival final.

13 Wednesday

Photographs of Leonie in a newspaper.

14 - 15 Thursday - Friday

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16 Saturday

Cool and dry. Interviews for next year's intake of full-time students. Worked in the afternoon. YF, Leonie, Gavin and Nadine to Tsuen Wan for an “Old peoples” anniversary.

17 Sunday

Final Rugby practice followed by a BBQ.

18 Monday

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19 Tuesday

A little wet. Examination for my full-time class [?educational psychology]. To North Point in the afternoon to photocopy chemistry books.

20 Wednesday

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21 Thursday

Humid. Leonie and Gavin to a film at the Run Run Shaw Hall in the evening.

22 Friday

Heavy rain. After the last teaching of educational psychology for the evening group, went to Shatin for Leonie's prizewinners' concert.

23 Saturday

With Leonie and Gavin all day at the HK rugby 7s. Gavin was playing in the curtain raiser games. Weather not too bad. V with a Reiki II class.

24 Sunday

Overcast and humid but no rain for the final day of the HK Rugby 7s. Fiji again beat NZ, this time 18 - 10, scoring a try in the last seconds.

25 Monday

Leonie tired and ill in the evening. Special trip to Toys R Us to get Gavin a hat for [his school?] concert.

26 Tuesday

My birthday. To Shatin College in the evening for a music concert.

27 Wednesday

Warm and humid. Watched a replay of some of the 7s matches on TV.

28 Thursday

To the clinic in the morning for more asthma medicine.

29 Friday

[Good Friday] Cooler. YF has a massage class here. To the office latter in the morning; had my lunch there. Leonie off to an overnight party.

30 Saturday

Cooler. To the office in the morning. Lunch at BFC with the massage class. A healing circle in the evening.

31 Sunday

Wet and cold at 14°C. Took Gavin to Outward Bound in the afternoon.

APRIL

1 Monday

Unleaded petrol comes into use in HK today. Not feeling well in the evening.

2 Tuesday

Cool, fine and dry again. Still not feeling so well but did gym. YF and Leonie out for a class in the evening. V smashed a side light on the car.

3 Wednesday

Fine and dry. YF has a Reiki class in the evening.

4 Thursday

Got my copies of the new IS Book 3 and workbooks. YF and Leonie out to a Reiki class in the evening.

5 Friday

[Holiday] Humid again. Ching Ming festival. All day in the office. YF working all day.

6 Saturday

Foggy and drizzly [though not uncommon for this time of the year as HK moves from autumn to summer]. Gavin comes back today (I thought it was tomorrow!) and had to return by bus.

7 Sunday

26°C. With Whites for buffet at the Conrad Hotel. Nadine still has an awful cough.

8 Monday

Cool again. Special teaching practice visit to a Ho Man Tin school. Leonie off to a “Good News” camp.

9 Tuesday

Nadine to Helen's party and overnight. I have a fever.

10 Wednesday

Visit by John Maserai [?sp] to my office to talk about medical education.

11 Thursday

Teaching practice visits to Yuen Long. YF out again in the evening, learning about another Reiki class.

12 Friday

Very hot at 29°C. Leonie returns from the camp. Nadine and Gavin with Mackness' to Penfold park [park in the middle of the Shatin racecourse]. YF out again.

13 Saturday

Hot and fine. To the office in the morning. In the afternoon, to Tai Po Kau forest with Leonie, Gavin and Nadine. YF to last day of her Reiki class.

14 Sunday

Not well with a cold and breathing trouble. Leonie and Gavin found a budgie in a tree while cleaning the car.

15 Monday

“Treetop” - as they called the budgie - died. Buried it late in the afternoon. More teaching practice visits today.

16 Tuesday

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17 Wednesday

Still not feeling well. Watched “Hope and Glory” [on TV] in the evening.

18 Thursday

Hot. To the gym. Teaching practice visit in City One then to the nearby Mitsubishi garage to check/fix timing. My cold is awful in the evening. YF out.

19 Friday

Teaching practice visits in the morning. Went to pick up car parts but made an error on the cheque. Cooler today.

20 Saturday

All day hike with full-time students to Tai Long Wan [beach].

21 Sunday

At home; not feeling well. 21°C. Others with Peter and Arthur to visit the ship “Doulos”.

22 Monday

Cool. Three teaching practice visits on HK side. Still have a bad cold. I was stopped on the street by an Indian fortune teller.

23 Tuesday

Hot and sunny. Felt crook after gym. Li Cho Ming [first vice chancellor of CUHK] dies.

24 Wednesday

Feeling better.

25 Thursday

Last two teaching practice visits.

26 Friday

Hot; first day of the year over 30°C. Finished all my marking.

27 Saturday

Cooler. Took Nadine to a birthday party at HLY. Yf has a Reiki circle in the evening.

28 Sunday

With Whytes to a Holiday Inn lunch then to the Science Museum.

29 Monday

All my faculty affairs done. Back into writing books again.

30 Tuesday

First real thunderstorm. Began swimming, doing 20 lengths. (Cost per session now \$9 adult, \$5 child).

MAY

1 Wednesday

Some heavy rain. Gavin off by himself to his school concert in the evening.

2 Thursday

Cooler. Good swim. In the evening, all up to SJS for the P5-6 concert.

3 Friday

18~20°C today. Leonie off to Dara's overnight party.

4 Saturday

Cooler and wet. Gavin playing outside all day. Nadine to Mackness' for overnight. V to a bridging seminar.

5 Sunday

Humid. All day again trying to plan the [summer holiday] trip. YF, Leonie and Nadine out till late.

6 Monday

Hot again. Short day school [for the summer] start for Gavin and Nadine. Michael Bond goes into hospital.

7 Tuesday

Quite a good swim. YF visits Mike in the afternoon and evening with Leonie, Gavin and Nadine.

8 Wednesday

Rather tired today.

9 Thursday

Cooler. Leonie out late in the afternoon for a [school] play practice.

10 Friday

Messing around all day on Chapter 4. Nadine to Mackness' in the afternoon.

11 Saturday

Fine day. All day at the office on the TB. Gavin has a birthday party with four others; slept outside [?overnight] in a tent.

12 Sunday

All day working on the trip – again! Leonie to town for a haircut.

13 Monday

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14 Tuesday

Hot again. Swim not so good. V, Leonie, Gavin and Nadine for a swim in the afternoon.

15 Wednesday

Leonie to school in the evening for the first performance of the play.

16 Thursday

Hot. With Leonie to her concert “Rainbow's Ending”.

17 Friday

Got Chapter 6 done. More boat people arrive [from Vietnam]. Leonie's last night at the concert. Gavin and Leonie Fox's in the afternoon.

18 Saturday

At the office in the morning working on the book. YF, Leonie, Gavin and Nadine to a buffet; back late.

19 Sunday

Hot. YF and Leonie to Tai Po market. Leonie, Gavin and Nadine for a swim in the afternoon. YF out in the evening to see a cancer patient.

20 Monday

Hot. Swim with Gavin and Nadine; Leonie at music. Leonie's classmate's mother dies.

21 Tuesday

Rajiv Gandhi assassinated.

22 Wednesday

YF runs off in the evening. The Canadian PM in HK.

23 Thursday

Swim with Gavin and NI Leonie wouldn't come.

24 Friday

Airport talks [?with China] end again without agreement.

25 Saturday

All day working on the textbook in the office. Others to Sai Wan beach. Hot.

26 Sunday

A Lauda Air 767 explodes and crashes over Thailand killing 200+. [Found that one of the two engines suddenly switched into reverse thrust.]

27 Monday

At home beginning typing up of the chemistry book.

28 Tuesday

Some breathing trouble during my swim. 33-4⁰C today.

29 Wednesday

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30 Thursday

Marks meeting in the morning followed by lunch at the Jockey Club. Swim later with Gavin and Nadine.

31 Friday

To the clinic in the afternoon for a cholesterol test; result 124 [?].

JUNE

1 Saturday

Interviews all day for next's years intake of MA and Ph.D. candidates.

2 Sunday

YF with Leonie, Gavin and Nadine out somewhere (?HLY) all day and for a swim.

3 Monday

Hot again at 33.6⁰C.

4 Tuesday

Hot at 34.4⁰C. Swim with Gavin and Nadine; water very hot.

5 - 7 Wednesday - Friday

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8 Saturday

Elderly woman killed by a tiger shark while swimming in shallow water at Silverstrand beach. Heavy rain.

9 Sunday

More heavy rain today. Had to rewrite the letter [?to parents] as it had been returned all messy and screwed up.

10 - 11 Monday - Tuesday

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12 Wednesday

Nadine's birthday.

13 - 14 Thursday - Friday

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15 Saturday

[Holiday] Work all day in the office. Vicki comes to stay.

16 Sunday

YF with a massage class. Cleaned and polished the car. Took Gavin to Ewan's.

17 Monday

[Holiday] All day at the office working on Section 2 of the chemistry book.

18 Tuesday

[Holiday] Gavin back from Ewan's. Swim alone; others returned too late.

19 Wednesday

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20 Thursday

To Wo Che to buy 10 post office reply coupons. Swim with Gavin and Nadine.

21 Friday

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22 Saturday

All day typing up Chapter 7. Nadine's birthday party; two guests and Robert.

23 Sunday

Finals of dragon boat races. YF, Leonie, Gavin and Nadine to Waterworld.

24 - 25 Monday - Tuesday

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26 Wednesday

Wet. Legco debate on the death penalty [still on the books but has not been used for a long time]. New tunnel opens tonight. [Tate's Cairn tunnel; at 4 km, longest tunnel in HK].

27 Thursday

Good swim with Nadine and Gavin. Leonie, Gavin and Nadine to a birthday party at Shelley's. Phone call from Dangerfields; on the way to the UK.

28 Friday

Fireman killed in a factory fire.

29 Saturday

Beginning Section 3 of the chemistry book. YF has a massage refresher course in the evening.

30 Sunday

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JULY

1 Monday

Moved over to Mackness' [empty house] in the evening.

2 Tuesday

To the dentist but no filling because of muscle spasms from last week.

3 Wednesday

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4 Thursday

Agreement on the new airport reached between the UK and China.

5 Friday

Another big gold robbery - at Tai Po.

6 Saturday

All day at the office.

7 Sunday

Lunch cooked for me. Severe intestinal pains in the night [?food poisoning].

8 Monday

Office during the night then home to 'baby sit'.

9 - 10 Tuesday - Wednesday

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11 Thursday

Very good swim; did one mile.

12 Friday

To the Education Department in the afternoon for a meeting on Form 4 - 5 subject. While there, met Rex King. Reiki class at home.

13 Saturday

Difficult day writing Section 3. Reiki class continues.

14 Sunday

All day on the computer again.

15 Monday

Back to the office in the afternoon with Section 3 printed. To Mackness' [empty house] in the evening.

16 Tuesday

Quite a good swim - 24 lengths.

17 Wednesday

Last day for Legco with all appointed members. Bank BCC [?] to go into liquidation.

18 Thursday

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19 Friday

Hot at about 24.5°C.

20 Saturday

Storm passes HK. Section 4 of the book ready for typing. Last night at Mackness'.

21 - 25 Sunday - Thursday

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26 Friday

Call from Henry [travel agency] to say we can leave tomorrow for the trip. Finished Chemistry Book 1.

Trip to Europe: Holland and Germany

I cannot find the diary for this trip. However, from the photos and the hostel stamps in the Youth Hostel stamp booklets, I have worked out that the following is the most probable route

that we took:

Holland: *Amsterdam* → *Delft* → The Hague → **Chaam** → **Valkenswaard** → [Germany]

Germany: → **Hurth** → **Bad Ems** → Mainz → Heidelberg → Stuttgart → **Rottweil** → Friedrichshafen → Schwangau/Neuschwanstein → Munich → **Donauworth** → Rothenburg o. T. → **Retzstadt** → **Bad Hersfeld** → *East Germany & return* → **Bad Karlshafen** → Hamelin → *Minden* → **Bad Essen** → **Bad Bentheim** → [Holland]

Holland: **Apeldoorn** → *Arnhem* → Haarlem/Amsterdam

The places in *italics* were visited but we did not stay overnight. Places in **green** were just convenient overnight stops in hostels.

Refer to the file “Happenings Year by Year (1985 - 2000)” in the “Life history files” in which I have described (from memory) some highlights of the trip.

AUGUST

26 Monday

[Holiday] Arrived back from the trip at about 5.30 pm.

27 Tuesday

Back to the office.

28 Wednesday

Short time at the office. Walked home. Tired.

29 Thursday

At home; sorting out problems with the computer.

30 Friday

Educational Psychology department meeting in the morning.

31 Saturday

Met the new students in the morning.

SEPTEMBER

1 Sunday

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2 Monday

Back to the gym.

3 Tuesday

First swim - reasonable. Gavin and Nadine start school [Gavin now P6; Nadine in P2.]

4 Wednesday

Leonie starts school [Form 2]. Now go to school on a posh bus.

5 Thursday

British PM [John Major] arrives in HK after a visit to China.

6 Friday

YF with Leonie, Gavin and Nadine to a solo concert at the Shatin Town Hall.

7 Saturday

First educational psychology class in the morning. Cooler because of a passing typhoon.

8 - 9 Sunday - Monday

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10 Tuesday

Staff lunch. Swim (not so easy), then [?a swim] with Nadine.

11 Wednesday

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12 Thursday

Functional constituency elections. Went to Shatin to vote. Swim in the afternoon - not easy.

13 - 15 Friday - Sunday

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16 Monday

Meeting with Macmillan editors in the morning.

17 - 18 Tuesday - Wednesday

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19 Thursday

Got a big filling at the dentist's. Got medicine for breathing. Swim at midday - reasonable.

20 Friday

Governor appoints new members to Legco.

21 Saturday

Worked most of the day. Took Leonie, Gavin and Nadine to Mackness' for a BBQ and lantern 'parade'. YF has a Reiki class.

22 Sunday

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23 Monday

All day in the office. Y. K. Pao [shipping magnate] dies. Policeman killed when their boat was rammed by smugglers.

24 Tuesday

Good swim - best for term. Two Board of Studies meetings in the afternoon.

25 Wednesday

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26 Thursday

Meeting in the afternoon.

27 Friday

Letter from May Lee saying that Ralph Dumarán died on July 14th. [I first met Ralph at the youth conference in the Philippines in 1964-65. The next year he stayed with us for a few days in Christchurch. In 1967, I stayed in his place in the Philippines for a few days.] YF has a Reiki class at home in the evening.

28 Saturday

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29 Sunday

Gavin's Rugby season begins.

30 Monday

Gavin and Nadine start full day school.

OCTOBER

1 Tuesday

Good swim - no breaststroke. Started typing the Chemistry workbook.

2 Wednesday

YF picked up my asthma medicine.

3 Thursday

All day typing Workbook 1. Swim later with Nadine. Side effects of medicine. Rugby World Cup begins in the UK.

4 - 5 Friday - Saturday

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6 Sunday

Nadine starts ballet class in Shatin.

7 Monday

Swim with Nadine (today because of swimming sports days).

8 Tuesday

Gavin off to a school camp on Cheung Chau.

9 Wednesday

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10 Thursday

Breathing suddenly cleared.

11 Friday

Swim with Leonie and Nadine. Nadine did two lengths. Gavin back to Peter's for overnight.

12 Saturday

To office and gym. New airport at Shenzhen opens. Said goodbye to Carol- downstairs neighbour.

13 - 14 Sunday - Monday

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15 Tuesday

Rain. Finished Workbook 1. Good swim - $\frac{3}{4}$ mile. V's birthday party in the evening - boring!

16 Wednesday

[Holiday] Chung Yuen holiday. Wet.

17 Thursday

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18 Friday

Swim with Gavin and Nadine. Gavin does 10 lengths (500 m) overarm.

19 Saturday

V, Leonie and Nadine out for a healing circle in the evening. Neighbours below move out.

[October 20 - November 4, no entries. Was I away?]

NOVEMBER

5 Tuesday

First six teaching practice visits; took most of the day. Swim with Gavin late afternoon; he did 20 lengths [1 km] in 28 $\frac{1}{2}$ [?] minutes.

6 Wednesday

Leonie and Gavin have their first day of mid-term break.

7 Thursday

V, Leonie, Gavin and Nadine to Lantau. Announcement of forced repatriation of “double backers”.

8 Friday

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9 Saturday

Last Saturday class for the term. Walk/Hike/Run to Tai Po Kau [up via a back track close to CU] to Tai Po. YF has a Reiki class. "Double backers" sent back to Vietnam.

10 Sunday

No Rugby - Remembrance day. Took Nadine (Leonie and Nadine) to Shatin for ballet class.

11 Monday

Teaching practice visits all day. YF sets up her new fax machine.

12 Tuesday

Swim with Gavin. I did 20 + 12 lengths. Tax forms from NZ arrive.

13 Wednesday

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14 Thursday

Swim not so easy.

15 Friday

MA proposal meeting in the afternoon.

16 Saturday

Hike from Tai Wo up Cloudy Hill to reservoirs and back up the hill and to Tai Po. Shatin College fair. Fire at TVB studios in the morning.

17 Sunday

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18 Monday

Teaching practice visits all day. Didn't do any weight training.

19 Tuesday

Finished the teachers' guide for Workbook 1. Terry Waite released today [from being held as a hostage in Lebanon].

20 - 21 Wednesday - Thursday

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22 Friday

Swim in the afternoon. Potluck dinner at Chung Chi in the evening.

23 Saturday

Hike from Chevalier Garden [other side of Shatin River] to Tate's Cairn and back down to Shatin.

24 Sunday

Didn't take Gavin to Rugby. YF has a second day of lass; she leaves for the UK in the evening.

25 Monday

Teaching practice visits all day in Tuen Mun and Yuen Long.

26 Tuesday

Gavin to an ESF Rugby tournament.

27 Wednesday

Finished the first three chapters of Book 2. Tired in the gym. Took No [??] to the market; me on teaching practice visits.

28 Thursday

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29 Friday

To the dentist for teeth cleaning. Leonie goes for last swim for the season. Most of the remaining residents removed from the Kowloon Walled City [slum opposite Kai Tak airport, only partly under the control of the HK Government].

30 Saturday

Humid day. Hike from Tai Mei Tuk to Nam Chung to Hok Tau reservoir to Tai Po (4 ½ hours). Leonie and Gavin to a party at HLY.

DECEMBER

1 Sunday

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2 Monday

Two teaching practice visits in Tai Po.

3 Tuesday

All day in the office. No swim.

4 Wednesday

Legco rejects agreement on Court of Final Appeal.

5 - 6 Thursday - Friday

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7 Saturday

Hike through forest and on to lead mine pass then Stages 8 and 9 and back to Sek Kong (6 ½ hours). Tired. Put up our Christmas tree.

8 Sunday

Gavin to Stanley for Mini Rugby tournament; he scored six tries.

9 Monday

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10 Tuesday

Gavin to another Rugby with his school.

11 Wednesday

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12 Thursday

Leonie to [?school] athletics practice after school.

13 Friday

V back from the UK.

14 Saturday

Hike: Tai Mei Tuk → Wu Kau Tung → Sam A Tsuen → Tai Mei Tuk (5 hours). Nadine to a birthday party.

15 Sunday

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16 Monday

Teaching practice visits. To the Science Centre for photocopying then to the Education Department for a meeting.

17 - 20 Tuesday - Friday

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21 Saturday

Hike: Stages 4 and 5 {4 ¾ hours). So tiring! Didn't continue on to Stage 6. Gavin and Nadine to A Chung Chi Christmas party. Douglas [?] left in the evening.

22 Sunday

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23 Monday

Meeting in the morning about MA psychology courses.

24 Tuesday

Started typing up Chapter 18.

25 Wednesday

[Christmas Day] Boring day. All day typing up Chapter 18. YF has a Reiki class.

26 Thursday

Reiki class continues.

27 Friday

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28 Saturday

Big drop in temperature. Hike: CU through forest to Stages 6 and 7 and back (3 hours). Very cold - ice on trees. YF has a massage class here. Finals of the Mozart music competition.

29 Sunday

Very cold. Second day of massage class.

30 Monday

Finishing Chapter 19. Leonie, Gavin and Nadine out with YF all day.

31 Tuesday

Announced that the governor [Wilson] is to retire.

Hikes: 1990 - 1991

- 1 Tai Po Kau firest
 - 2 Shatin → Needle Hill → Shing Mun
 - 3 Fanling → Cloudy Hill
 - 4 Pat Sin Leng
 - 5 Tai Po Kau / Tai Mo Shan / Sek Kong
 - 6 Stages 9 - 10
 - 7 Stages 4 - 7
- 1991
- 8 Stages 1 - 3
 - 9 Plover cove → Tai Po
 - 10 Brides pool, reservoir, Cloudy Hill
 - 11 Stages 6 - 10
 - 12 Stages 1 - 5
 - 13 Ma On Shan → Shatin
 - 14 Stages 4 - 8
 - 15 Tai Po Kau → Shing Mun
 - 16 27/2 Stages 1 - 10!!